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YME ends MVL's season

By Michael Gasset — Journal Sports Writer

POSTED: March 3, 2010

REDWOOD FALLS - Lack of rebounding killed Minnesota Valley Lutheran Tuesday.

The Chargers gave Yellow Medicine East chance after chance on missed baskets and the Sting capitalized as they upset MVL 51-45 in the Section 3AA girls basketball playoffs Tuesday.

"They just played a lot harder than we did," MVL coach Dave Biedenbender said. "They played with more of a sense of urgency than we did. YME played like a team that wanted to go after it and win the game."

YME held a 34-22 rebounding edge and had a 14-6 edge on offensive boards.

"They got all of the rebounds and we didn't," Biedenbender said. "For some reason we just seemed real tentative going after them and we just let them grab them away from us. That was a key why they hung in there the first half and we just didn't capitalize on them in the second half."

MVL built a 17-12 lead in the first half on a Heather Danell basket with 3:45 to play. Aimee Johnson scored four points in the final 24 seconds to make it a 21-18 MVL lead at the half.

A Tarah Schoof basket put MVL up 28-22 early in the second before Angie Scheffler scored six straight points for the Sting to tie it up at 28.

YME took its first lead since early in the game on a Steph Larson basket to make it 30-29 with 12:12 to play.

Danell scored to make it 32-31 but MVL never got close again. YME went on a 14-6 run over the next seven minutes to make it 46-36 with 3:50 to play.

YME kept MVL in the game, however, by not connecting on free throws. The Sting missed 5 of 7 free throws and the Chargers were able to cut it to 49-43 with 42 seconds to play, but got no closer.

Johnson led the Sting with 17 points and six assists. Scheffler had 14 points, 12 in the second half and seven rebounds. Emily Baker had nine points and eight rebounds.

YME (12-12) plays Lac qui Parle Valley at 6 p.m. Friday in Redwood Falls.

MVL was led by Bailey Lange with 14 points and eight rebounds. Mashaye Wilson had nine points and Danell added seven points.

MVL ends its season at 14-11 and graduates five seniors.

"They had a nice four-year career for us," Biedenbender said. "We thank them for their efforts. They were some good shooters and hard workers and we will miss them next year. But we got a good group coming back and I think that we will be OK."



Staff photo by Mark Newsom
Minnesota Valley Lutheran's Mashaye Wilson takes a shot during the second half of the Section 3AA playoff game against Yellow Medicine East Tuesday evening in Redwood Falls. For more photos of this event, go to <http://cu.nujournal.com>



Staff photo by Steve Muscatello

Minnesota Valley Lutheran's Bailey Lange (4) makes a pass between a pair of Tracy-Milroy-Balaton defenders during the Chargers' playoff win Saturday at MVL. For more photos of this event, go to <http://cu.nujournal.com>

MVL girls crush TMB

By Andy Danner, Journal Sports Writer

POSTED: February 28, 2010

NEW ULM - Minnesota Valley Lutheran showed Tracy-Milroy-Balaton why it was the No. 1 seed in the Section 3AA Girl's Basketball Tournament Saturday night.

MVL harassed the Panthers all night long, forcing them into countless miscues and turnovers as the Chargers rolled to the easy 61-39 victory.

Despite losing its last three games, MVL earned the top rank in the section after posting a 13-10 record.

"Even though we lost our last three games-two of them were against undefeated Cedar Mountain-I thought that we played hard," coach Dave Biedenbender said. "So I wasn't worried at all coming into this game."

Meanwhile MVL's opponent TMB came into Saturday night with a 2-22 record.

"I had seen TMB play a couple of times earlier this year and they play with a lot of heart," Biedenbender said. "We were not about to take them lightly despite their record."

It did not take long for MVL to jump all over the Panthers.

Tarah Schoof gave the Chargers a lead they never relinquished just three minutes into the game when her 3-pointer from the top of the arc put MVL up 5-4.

Just minutes later the lead had already stretched to nine and the Chargers were off and running.

TMB managed only 18 points in the first half as its guards continually walked right into MVL's halfcourt and fullcourt traps.

"We tried taking advantage of their ballhandlers by putting some pressure on them," Biedenbender stated. "Our presses were very effective tonight and helped us force a fair amount of turnovers."

MVL opened up the 31-18 halftime lead in large part to their 15-19 free throw shooting in the first frame.

"We also entered the night with the goal of utilizing our height by getting our posts involved on a regular basis," Biedenbender said. "I thought we did well feeding our posts the ball. We attacked the hoop and got to the foul line."

The second half was more of the same as MVL immediately pushed the lead to 18 after back-to-back baskets down low from Heather Danell and Bailey Lange.

TMB managed to close within 12 two different times at 39-27 and 41-29.

MVL finished the game on a 20-10 run to earn the 22-point win.

Lange scored 12 second half points and finished with 14 on the night.

Katie Klockmann scored 11 points off the bench. Danell also scored in double digits with 10.

Alyssa Becker led all scorers with 18 points for the Panthers.

Cedar Mountain/Comfrey 57, MVL 49

POSTED FEB. 24, 2010 New Ulm Journal

MORGAN - The Cedar Mountain/Comfrey Cougars defeated the Minnesota Valley Lutheran Chargers 57-49 Tuesday night in a girls basketball Tomahawk Conference matchup.

The Cougars who are undefeated this season at 22-0 overall and 14-0 in the conference, were led by Nicole Kerkhoff with 20 points and seven rebounds.

She was followed by Ashley Schumacher with 15 points and Kayla Mathiowetz with 11 points and six rebounds.

The Chargers (15-7) were led by Heather Danell with 14 points.



Staff photo by Steve Muscatello

Cedar Mountain/Comfrey's Nicole Kerkhoff (left) and Heather Danell of Minnesota Valley Lutheran fight for a rebound during the first half Monday at MVL. For more photos of this event, go to <http://cu.nujournal.com>

CM/C wins Tomahawk title

By Jeremy Behnke — Journal Sports Editor

POSTED: February 22, 2010

NEW ULM - After picking up her fourth foul with about 10 minutes left in the second half, Cedar Mountain/Comfrey senior Kayla Mathiowetz was forced to sit on the bench as her team was clinging to a 26-21 lead against Minnesota Valley Lutheran.

The Chargers eventually came to within one, trailing 26-25 on a basket by Bailey Lange with 8:32 left. But soon after, Mathiowetz came off the bench and hit a couple of big baskets to spark her team.

In the low-scoring affair, every basket counted, and the Cougars used those baskets by their senior to win 34-27. It gave the Cougars their second straight Tomahawk Conference championship and their third title in four years.

"We knew that MVL was a scrappy team and our coach told us that we needed to handle the ball and play good defense to beat them, and that's what we tried to do," Mathiowetz said.

Mathiowetz led all scorers with 14 points and her teammate Nicole Kerkhoff finished

with 12.

Mathiowetz said it was difficult watching the 10-point lead the Cougars brought into halftime slowly fade away.

"It's tough watching them struggle out there, but we gotta have faith in each other and keep working hard," she said. "We don't have too deep of a bench, so we all know that we have to do our role."

The Cougars led 24-14 at halftime and it was a struggle for either team to get much going offensively.

The Cougars and Chargers traded baskets early on in the second half, but the Cougars didn't score again until the 7:56 mark on a basket by Ashley Schumacher. Fortunately for them, they were able to keep MVL from going on a major run as well.

"That's what we told the girls, it takes everybody to win, and whether if it's just a few minutes, hopefully they can stay in there and battle for us," Cougars head coach Mike Kelly said. "We know we can get our starters back in there, and we need everybody."

The Chargers did trim the lead to one on consecutive baskets by Lange, and suddenly the momentum was going MVL's way.

"That was big, at halftime we were down 10 and we wanted to go out and battle hard in the second half and keep this thing close," MVL coach Dave Biedenbender said. "I think that's what we did. We made some adjustments at halftime and we did a better job of covering their high post and I think that shut them down a little bit and it frustrated them a little bit."

Although the Cougars may have been getting frustrated at that point, they got Mathiowetz back on the floor and she scored consecutive baskets to give her team a 30-25 lead.

It was just the lift the Cougars needed.

"I think those two baskets really gave our team the confidence and it helped us calm down a little bit," Mathiowetz said.

"It definitely swung the momentum back on our side, we had struggled very badly on the offensive end," Kelly said. "I think our girls took a deep breath knowing that our leadership was back out on the floor and hopefully she could hang in there and not get any fouls. But I think just having seniors on the floor made the difference tonight."

From that point on, the Cougars and Chargers battled in every possession without much more scoring taking place. The loss drops MVL's record to 13-9 overall and 12-3 in the Tomahawk Conference.

Tarah Schoof led the Chargers with 10 points and Heather Danell scored six points. Schumacher scored six points for the Cougars.

MVL is seeded No. 1 in the Section 3AA, North Subsection and the Chargers get to battle the Cougars again tonight in Morgan. They open playoff action at 7 p.m. Saturday at home.

BLH 61, MVL 44

POSTED Feb. 19, 2010, New Ulm Journal

HECTOR - Buffalo Lake-Hector defeated Minnesota Valley Lutheran 61-44 in Tomahawk Conference girls basketball action.

BLH was led by Karlee Ilgen who had a game high 31 points and also had six rebounds. Emily Kubesh had nine points and Lynsey Runke added nine points for the Mustangs.

Girls Basketball: BLH posts first 20-win season

By: [Tribune Sports](#), West Central Tribune

HECTOR — Karlee Ilgen poured in a game-high 31 points and Buffalo Lake-Hector dropped Minnesota Valley Luthran 61-44 in Tomahawk Conference girls basketball on Friday.

HECTOR — Karlee Ilgen poured in a game-high 31 points and Buffalo Lake-Hector dropped Minnesota Valley Luthran 61-44 in Tomahawk Conference girls basketball on Friday.

The Mustangs (13-3, 20-4) notched the first 20-win season in the program's history. Maija Mikkola chipped in 12 rebounds and five assists.

Buffalo Lake-Hector 61, MV Lutheran 44

MV Lutheran (12-2, 13-8) ... 21 23 — 44
BL-Hector (13-3, 20-4) 37 24 — 61

MINNESOTA VALLEY LUTHERAN — 14-75 FG (3-25 3-pt); 13-21 FT; 22 rebounds; 25 fouls ... Individual statistics not available

BUFFALO LAKE-HECTOR — 19-52 FG (2-7 3-pt); 21-31 FT; 38 rebounds; 23 fouls ... Scoring: Abby Zuhlsdorf 6, Bobbie Uecker 4, Emily Kubesh 9, Karlee Ilgen 31, Lynsey Runke 9, Maija Mikkola 2 ... 3-point shots: Zuhlsdorf 1, Ilgen 1 ... Rebound leaders: Mikkola 12, Uecker 9, Ilgen 6 ... Assist leader: Mikkola 5 ... Steal leader: Runke 2

MVL 58, Wabasso 41

POSTED FEB. 19, 2010 New Ulm Journal

WABASSO - Minnesota Valley Lutheran defeated Wabasso in Tomahawk Conference girls basketball action.

Kimberly Frank had 11 points for the Rabbits while Morgan Samyn added 10 for Wabasso. Paige Pistulka had eight points and grabbed 15 rebounds.

Heather Danell had 16 points to lead the Chargers, Bailey Lange had 14 points for MVL. Tarah Schoof added 11 points for the Chargers.

MVL 59, Springfield 29

POSTED Feb. 16, 2010 New Ulm Journal

SPRINGFIELD - Minnesota Valley Lutheran defeated Springfield 59-29 Tuesday in Tomahawk Conference girls basketball action.

Tara Schoof led MVL with 20 points, and Heather Danell added 10 points for the Chargers.

Tiana Runck had 10 points and grabbed eight rebounds for Springfield.



Staff photo by Mary Roufs

Minnesota Valley Lutheran's Miranda Maasz looks to pass around New Ulm Cathedral's Lisa Helget during the game at CHS on Thursday night. For more photos of this event, go to <http://cu.nujournal.com>

Chargers outlast Greyhounds

By Dave Clark, Journal Sports Writer

NEW ULM - While many games are decided in the final minutes, the contest between the Minnesota Valley Lutheran Chargers and New Ulm Cathedral Greyhounds girls basketball teams was probably decided in the first half.

Both teams scored 21 points in the second half, so MVL's 32-25 halftime lead turned into a 53-46 win that now makes them 11-7 overall, but 10-1 in the Tomahawk Conference.

But they now play six games in eight days, with five of them on the road, and all of them against teams in the upper level of the conference.

Meanwhile, Cathedral is 5-13, 3-10 in conference play, but has been hit recently by both illness and injury to key players and hope to have as many healthy players available in the next two weeks as schools head into the playoff mode.

Thursday night, the Chargers made the shots when they had to, but never really put the Greyhounds away.

"They know us really well," MVL coach Dave Biedenbender said of Cathedral. "Towards the end we hustled and got some rebounds and got the job done. I'm just glad we won."

For the Greyhounds, it was a game where the word almost came into play numerous times.

"We didn't go out and defend like we did in practice," Cathedral coach Jeremy Drexler said. "We battled back and then turned it over three times in a row and that was the difference. But overall, I was happy with the effort. We've dealt with injuries and the flu and hopefully be a thorn in someone's side at playoffs."

The thorn in the Greyhounds side to begin the game was turnovers, which helped MVL take an early 8-2 lead, helped by a 3-pointer from Andrea Biedenbender. The Chargers extended the lead to 16-4 on another 3 by Biedenbender plus a 3 from Mashaye Wilson.

At this point, the Greyhounds started to whittle away at the lead, with Val Lux leading the way with a 3-pointer to cut the lead to 18-9. The long range bomb came in handy later for Cathedral when Kristi Larson and Lux hit consecutive 3s to bring the Greyhounds to within five, 25-20.

The scoring from then until the end of the half was essentially basket for basket, but the Chargers opened the second half with four straight turnovers. Hayley Hornick took advantage for the Greyhounds, getting a basket, foul and free throw, then hitting a 3 to cut MVL's lead to 32-31.

Bailey Lange responded for the Chargers with two straight hoops, with Heather Danell adding a bank shot to re-widen MVL's lead to 38-31. Then the Greyhounds scored six in a row to make it 38-37, but was never able to take the lead.

With 2:40 remaining, the Chargers were up 50-42, with Biedenbender nailing two free throws to seal the game for MVL. After that, the Chargers worked to kill the clock and the Greyhounds had a turnover that ended any chance of a late comeback.

Danell led all scorers with 15 points, with Lange adding 12 for the Chargers. Lux had 13 to lead Cathedral.

MVL girls defeat GFW in Tomahawk

POSTED: February 5, 2010

WINTHROP - Minnesota Valley Lutheran defeated Gibbon-Fairfax-Winthrop 59-46 Thursday in Tomahawk Conference girls basketball.

Mikell Melius led GFW in scoring as she scored half of her team's points with 23. Morgan Sanken scored six points for the Thunderbirds.

MVL was led by Mashaye Wilson who had 16 points in the victory. Heather Danell had 12 points for the Chargers.

Berhow buries Chargers

By Michael Gassett

POSTED: February 2, 2010

NEW ULM - Two things really hurt Minnesota Valley Lutheran in Monday's nonconference game with Fairmont Monday.

First the Chargers struggled with rebounding, which allowed the Cardinals to get second and third chances with the ball all night long.

But the real killer was Ariel Berhow. The senior forward lit MVL for 26 points and was a perfect 8-for-8 from the free throw line as Fairmont won the game 63-42.

"She has always been a good shooter and I credit that to her teammates tonight," Fairmont coach Don Waletich said. "The girls kicked it out to her, they found her well



Staff photo by Mary Roufs
Minnesota Valley Lutheran's Katie Barrer
(left) plays defense against Fairmont's
Alyssa Niss during the game on Monday
night at MVL. For more photos of this event,

and I thought she got the open looks because of her teammates moving the ball around so well. It's a lot easier when she can get good looks like that."

The game started close when a Berhow basket and a pair of free throws gave the Cardinals a slim 9-6 lead.

That's when something changed for Fairmont. The Cardinals buckled down on defense and forced four straight turnovers, which turned the slim three-point lead into 10.

A Bailey Lange basket cut the lead to five at 28-23 with just over three minutes to play but the Cardinals scored six unanswered points in the final two minutes of the half to pull out a 36-23 lead.

"We have been relying on defense all year and the girls know that they have to play good defense to stay in games," Waletich said. "They just had that extra little gear tonight and they did an awesome job tonight and I'm very proud of them."

Ariel Berhow hit a 3-pointer with 10:35 to play to give the Cardinals a 46-30 lead and they kept lead between 15 and 20 points for the rest of the game.

"We found the open girls when they were open off of the steals," Waletich said. "They played real well as a team tonight and I thought this was one of our better games of the year."

After Berhow, the Cardinals had Kirsten True with 11 points off the bench and Alyssa Niss had nine.

"Fairmont is just a very good team and they proved to us tonight that we have a lot of work to do," MVL coach Dave Biedenbender said. "They played well. I think that we hung with them for a while but they just overpowered us."

For the Chargers, Tarah Schoof scored nine points and was 6-for-6 from the line. Miranda Maasz had eight points and Heather Danell added seven.

Fairmont (13-2) is home against St. James for a South Central Conference game Thursday.

"This was fairly important for section seeding and it's always good to get a section win," Waletich said. "That part of it was good but then again, it's just another game in the middle of the season and we are just hoping to continue to get better for the playoff run."

"We have had some losses against some really good teams," Biedenbender said. "We have to step up our game when we play those good teams. We can't just show up against them."

Fairmont 63, MVL 42

Fairmont (63) Niss 9, Berhow 26, Hitchcock, Riley 6, Smith 9, True 11, Christenson 4, Halverson 2.

MVL (42): Danell 7, Wilson 6, Lange 4, Schoof 9, Biedenbender 3, Dinse 3, Klockman 2, Maasz 8.

Chargers knock off Mustangs

By Dustin Briggs — Journal Sports Writer

POSTED: January 23, 2010

NEW ULM - Coming off a loss to Sleepy Eye St. Mary Tuesday night, the Minnesota Valley Lutheran Chargers were hungry for a win Friday night against the Buffalo Lake-Hector Mustangs in a Tomahawk Conference match up.

The Chargers came away with a 56-51 win to satisfy their appetite

Both team's defenses were playing aggressively at the beginning of the game.

With a score of 13-6 midway through the first half, MVL looked determined to hold the Mustangs' offense from scoring by making it difficult for the BLH offense to get shots off.

At half time the Chargers were leading with a score of 23-17. In the second half the Mustangs were more aggressive on offense, taking more shots than in the first half but they weren't sinking.

BLH went on a 9-1 run with 4:36 to play, tying the game at 43.

The Mustangs made two 3-pointers in the last 20 seconds of the game to make the score 54-51, but the Chargers were nearly perfect from the free throw line to pull out the win.

Bailey Lange led the Chargers with 18 points, six steals and five rebounds and Heather Danell had 12 points and 12 rebounds.

"It was a tough loss to St. Mary's Tuesday," MVL coach Dave Biedenbender said. "We worked hard this week on our defense going back to the basics. It showed tonight. We're very happy with our defense. I told them at half time that 'the team that wants it more will win.'"

The focus on defense will be the key to the Chargers being contenders in the conference race.

"We worked on our man-to-man defense and free throws all week," she said. "We want to come out and win back the conference."

MVL improved to 8-6 8-6 overall and 7-1 in the Tomahawk with only undefeated Cedar Mountain/Comfrey ahead of them.

The Mustangs (12-3, 5-2) were led by Karlee Ilgen with 16 points and six assists.

Nicole Horstman had 11 points including two important 3-pointers, the Mustangs have their sights on their next important Tomahawk Conference matchup.

"Coming off a loss we knew [MVL] would come with extra motivation," BLH coach Josh Tjosaas said. "We will build from here one game at a time. Next is Sleepy Eye Public who has been playing better and better. We won't take any team lightly."

"There are a lot of games left in the season and anything could happen. We look forward to playing [MVL] again at home."

The Chargers host Fairmont at 7:30 p.m. Monday as they will try to start a winning streak in hopes that it will continue into more Tomahawk Conference wins keeping them in the Conference Championship race.

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By: [Tribune Sports](#), West Central Tribune

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Buffalo Lake-Hector 61, MV Lutheran 44



Staff photo by Mary Roufs
Minnesota Valley Lutheran's Ashley Dinse(20) goes up for a shot over a Buffalo Lake-Hector defender during the second half of the game on Friday night at MVL. For more photos of this event, go to <http://cu.nujournal.com>

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BL-Hector (13-3, 20-4) 37 24 — 61

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MVL 67, Sleepy Eye 48

POSTED JAN. 25, 2009, New Ulm Journal

SLEEPY EYE - The Minnesota Valley Lutheran girls basketball team beat Sleepy Eye in a conference game Tuesday night, 67-48.

For the Indians, Sydney Remus led with 11 points and five steals. Melissa Falk was next as she picked up nine points.

Mashaye Wilson led the Chargers with 16 points, she was followed by Heather Danell who scored a total of 14 points.

MVL 67, Sleepy Eye 48

POSTED BY SLEEPY EYE HERALD DISPATCH

Sleepy Eye gave MVL a scare but the Chargers were able to compose themselves and leave Sleepy Eye's gym with a 67-48 win Tuesday night.

The two teams were neck and neck until late in the first half, when MVL was able to build a 31-22 lead by the buzzer.

The second half started out sloppy for the Indians but then they found the right mix and managed to take a 39-37 lead with 12:45 to play.

Sleepy Eye went cold at that point, scoring just nine points the rest of the way, while MVL took over.

By the 10 minute mark, the Chargers lead 50-39.

"Give MVL's defense credit," said Indians coach John Hamre.

Free throw shooting again haunted the Indians as they connected on just 9-22 from the charity stripe.

Hamre credited Jessica Busch and Cassie Cselovszki for doing an excellent job of pressuring the ball.

Sydney Remus led the team's scoring attack with 11 points. Melissa Falk added eight while Erica Jensen scored seven.

Knights shock Chargers

By Dave Clark, Journal Sports Writer

POSTED: January 20, 2010

Staff photo by Steve Muscatello

Sleepy Eye St. Mary's Liz Tauer (5) defends as Minnesota Valley Lutheran's Mashaye Wilson (14) looks to shoot during the first half of the Knights' win Tuesday at MVL. For more photos of this event, go to <http://cu.nujournal.com>

NEW ULM - This is why they don't play games on paper.

The Sleepy Eye St. Mary's Knights girls basketball team entered their game against the Minnesota Valley Lutheran Chargers with a 1-10 record, no Tomahawk Conference wins and their last victory coming in the second game of the season.

The Chargers sat on top of the conference with a 6-0 record, were gunning for their eighth win and were playing at home.

The end result? Knights 67, Chargers 58.

"We've been competitive all year," Knights coach Bruce Woitas said. "We played a really nice game. Our last game we had 39 turnovers and tonight we limited those type of mistakes. We stayed back and were more patient and we really rebounded well. If we can keep doing that, we'll play with a lot of teams down the stretch."

For the Chargers, "we got outplayed in every facet," coach Dave Biedenbender said. "The Knights played with more passion and they wanted the game more than we did. They were a team hungry for a win. This game wasn't about x's and o's."

Liz Tauer set the tone early for the Knights, knocking down a 3-pointer seconds after the tipoff. Bailey Lange responded for the Chargers by scoring seven in a row and giving MVL a 9-7 lead. After a 13-13 tie, St. Mary's went up 17-13 on buckets from Leah Lax and Sam Seidl.

The Chargers had a chance to come back and take the lead when the Knights had five straight turnovers, but didn't retake the lead until Tarah Schoof had a layup to make it 20-19. MVL extended that lead to 25-19 on a Mashaye Wilson 3 and took a 33-30 margin into halftime.

While the two teams were almost even in turnovers in the first half, the Chargers had all kinds of problems holding on to the ball in the second half, committing 13 turnovers compared to one for the Knights.

St. Mary's tied the game 37-37 with 12:00 left on a Schoof hoop after an offensive board, which was a microcosm of what the Knights were doing right on the boards and the Chargers weren't.

It appeared MVL started losing its composure after that point, as they had three turnovers in a row and found themselves down 47-42 with six minutes remaining in the game.

They did come back with consecutive 3's by Wilson and Andrea Biedenbender to take a short 48-47 lead, but 3s by Alyssa Schroepfer and Tauer plus two free throws by Lax put the Knights up for good at 55-48.

St. Mary's then tried to slow the game down, forcing the Chargers to foul and try to get back in the game by hoping the Knights wouldn't make their free throws.

It didn't happen. Four St. Mary's players found their way to the foul line and would make 10 of their last 11 free throws to seal the game and not let MVL within seven points in the final two minutes.

Tauer led all scorers with 17, with Seidl getting 13 and Lax adding 12. Heather Danell led the Chargers with 14, with Bailey Lange adding 10.

In B-squad action, MVL won 45-22.

Chargers stop Springfield

POSTED: January 16, 2010

By Michael Gassett, Journal Sports Writer

NEW ULM - As the basketball season wears on, the reserves become more and more important.

The Minnesota Valley Lutheran bench stepped it up Friday night.

The Chargers got 24 points from its bench as they defeated Springfield 60-40 in Tomahawk Conference play.

"If we can get quality minutes from that many people we can really out last other teams and wear them out," MVL coach Dave Biedenbender said. "That's something they are going to need as we go down the stretch in the conference."

Miranda Maasz was the star off the bench for the Chargers taking home a double-double with 11 points and 10 rebounds.

"Our bench did a great job of keeping people fresh all night," Biedenbender said. "We just ask them to give it all they got for a couple of minutes and go crazy while they are out there. Miranda got a lot of rebounds and played a smart game for us."

MVL jumped to a 20-7 led to start the game and held a 36-23 at the break.

But Springfield made things interesting to start the second half.

The Tigers went on an 11-4 run to start the second half and cut the lead to 40-34 on a Stacia Jones 3-pointer with 14 minutes to play.

"We started to play a lot better half-court defense," Paul Arnoldi said. "I thought that we were playing pretty good defense in the first half but we just weren't finishing. We weren't blocking out and our kids started doing a better job with that."

But MVL outscored Springfield 20-6 the rest of the way to secure the win.

"I knew they were going to come with a big defensive effort like that in the second half," Biedenbender said. "I thought that if we could just relax, maintain what we are doing and get back into it we could last it out. That was good for us, we had to fight through that and we were able to get through it."

Springfield was led by Tiana Runck with 12 points, Katie Timm, Carli Arnoldi and Mattie Pieschel each had seven.

The Tigers (4-5, 3-4) are host to New Ulm Cathedral Monday.

"MVL is a good defensive team and they are hard to score and hard to come back on," Arnoldi said. "We can play with this team, we just have to learn to play more physical. We have to learn to finish plays on both ends."

The Chargers (7-5 overall) were led by Mashaye Wilson with 13 points, Bailey Lange added 10 points and six rebounds and Heather Danell had eight points and Mindy Sommer had six steals.

At 6-0 MVL is off to another great start to the conference season and the Chargers are in a tie with Cedar Mountain/Comfrey for the top spot in the Tomahawk. Buffalo Lake-Hector is a game behind.



Staff photo by Mary Roufs
Springfield's Carli Arnoldi dribbles around Minnesota Valley Lutheran's Katie Barrer during the game on Friday night at MVL. For more photos of this event, go to <http://cu.nuiournal.com>

"We have several good teams going at it and we are going to have some battles with BLH and Cedar Mountain," said Biedenbender, whose team hosts Sleepy Eye St. Mary's Tuesday. "I think it's going to be a real battle and I think there are a lot of teams that are going to play a part in it yet."

Chargers stay perfect in conference

By Dave Clark — Journal Sports Writer

POSTED: January 13, 2010

NEW ULM - The Minnesota Valley Lutheran Chargers girls basketball used some long-range planning Tuesday night to reach a short-term goal.

The Chargers shot six 3-pointers in the second half to help break open a seven-point halftime lead to beat the New Ulm Cathedral Greyhounds 58-40 to remain undefeated against Tomahawk Conference opponents.

"We were able to hit a couple of 3's and extend the lead a little bit in the second half," Chargers coach Dave Biedenbender said. "Suddenly it was a 16-point game and then it was our job to protect it."

For the Greyhounds, there were 18 turnovers in the first half and cold shooting most of the game.

"We just didn't make enough shots," Greyhounds coach Jeremy Drexler said. "But we're still improving by leaps and bounds and I can see the confidence emerging out of the players. Both sides played pretty tough defense tonight."

While Cathedral had eight turnovers in the first six minutes, the Chargers weren't able to capitalize, since their shots weren't going in either and they weren't getting any offensive rebounds. The teams exchanged leads early, with the Greyhounds going up 6-5 on a Molly Macho lay-up.

Four in a row by Heather Danell and a couple of Mashaye Wilson free throws put MVL up 11-6 at the midway mark of the half. A Macho putback on an offensive board brought the Greyhounds back to within two, 12-10, but a 9-3 run by the Chargers had them up 23-13 with 2:50 left before the break.

After a Wilson 3 made it 26-15, Cathedral finished strong to be down 26-19 at halftime. A conversation from Biedenbender about MVL's shooting struggles and inability to get offensive rebounds had some effect, though, and the Chargers opened up the second half with a trey by Tarah Schoof and a layup from Bailey Lange to go up 31-19.

Val Lux returned the scoring fire for the Greyhounds with a 3 and two free throws to make it 31-24, but then the Chargers took control. Three 3-pointers, two from Wilson and one from Andrea Biedenbender, helped MVL outscore the Greyhounds 12-2 and the Chargers widened the lead to 43-26.

Later, MVL got consecutive 3's from Wilson and Katie Barrer to make the lead insurmountable at 51-29 with 3:45 left in the game.

The Greyhounds didn't lay down, though, as Savoy had consecutive blocked shots and Lisa Helget fought to get a hoop underneath on an offensive board. Hayley Hornick and Kari Berg scored a couple of 3's in the final minute of the game that helped the Greyhounds reach the 40-point mark.

Wilson led all scorers with 19 points, while Savoy led the Greyhounds with eight. The win puts the Chargers record at 6-5 overall, 5-0 in the conference, while Cathedral drops to 3-7, 1-4.



Staff photo by Mary Roufs

Minnesota Valley Lutheran's Bailey Lange leads a fast break up court during the game against New Ulm Cathedral on Tuesday night at MVL. For more photos of this event, go to <http://cu.nujournal.com>

MVL falls short

By Jonas Leyrer — Journal Sports Writer
POSTED: January 10, 2010

Editor's Note: Although not mentioned, this is a girls' basketball game!

NEW ULM - A friendly, non-conference match up between Minnesota Valley Lutheran and St. Croix Lutheran proved to be as exciting as any conference game.

The two teams met on Saturday morning for a game that would be determined by a single point as MVL fell to St. Croix 46-45.

The game started out slow with only nine total points being scored in the first four and a half minutes. Following an MVL timeout with 12:17 on the board, both teams began to pick up the pace.

The St. Croix Crusaders, ranked fourth in Class AA, worked their offense early and eight minutes in, managed to hold a 16-7 lead over the Chargers.

But MVL was not about to let St. Croix walk away with an easy win. Over the next seven minutes, the Chargers went on a big run that put them up 24-19 and had St. Croix calling for a timeout with three minutes left in the half.

After the timeout, St. Croix tightened its defense and stopped the MVL run. The Chargers still held a slim lead at the half, 25-22.

St. Croix came out of halftime determined to take the lead from the Chargers. The Crusaders briefly took the lead after a few early points, but MVL quickly took it back.

St. Croix made a run for the lead and with 11:10 left in the game to go up 34-32.

The offense for both teams cooled and for the next four minutes, neither side was able to find the basket.

MVL broke the drought in a big way when Andrea Biedenbender hit a 3-point shot that gave MVL the lead that it held until the last seconds of the game.

Scoring went back-and-forth for the next few minutes and when a timeout was called with 1:56 left to go, MVL was up 45-42.

The next minute of the game passed by with neither side being able score. St. Croix called a timeout and both teams prepared for the last 60 seconds of play.

St. Croix edged closer to MVL with a basket that put things at 45-44. St. Croix called another timeout and made some final plans.

With 25 seconds left in the game, St. Croix's Jordan Wehrenberg put the Crusader into the lead.

MVL took a timeout with five seconds left, but was unable to get a crucial last basket.

"We played good defense and rebounded well. I think that's what kept us in the game," MVL coach Dave Biedenbender said. "But I think in the end, we lost because we couldn't convert on the offensive end."

The intensity of the game could be seen in the fouls that were accrued by both sides. St. Croix finished with 18 team fouls, while MVL picked up 17 of its own.

"There were two good defensive teams," coach Biedenbender added. "It was just a heavy-weight boxing match type game; [we were] pounding at each other a little bit."



Staff photo by Steve Muscatello
Minnesota Valley Lutheran's Heather Dannell (12) takes a shot over St. Croix Lutheran's Paige Kiecker during the second half of the Chargers' loss Saturday at Martin Luther College in New Ulm. For more photos of this event, go to <http://cu.nujournal.com>

Leading the Chargers in scoring were Andrea Biedenbender and Heather Danell who both had 10 points, while Mashaye Wilson and Bailey Lange each added eight points.

For St. Croix, Kayla Hulsebus led with 13 points and Paige Kiecker scored another eight.

. Croix remains undefeated this season at 8-0.

[Continue browsing down for other game results](#)

Chargers rout T-Birds

By Dan Timm, Journal Sports Writer

POSTED: January 6, 2010

NEW ULM - Minnesota Valley Lutheran looked fresh coming off the break, routing Gibbon-Fairfax-Winthrop 77-37 in Tomahawk Conference girls basketball play.

"We're just happy to come out in our first game after Christmas and show that we've improved since our holiday tournament experience," MVL coach Dave Biedenbender said.

MVL started the game by pounding the ball down low, scoring the first four points of the game by passing the ball to post Heather Danell for two quick scores.

After Mikell Melius hit a jump shot for GFW, the Chargers went back underneath, this time to Bailey Lange.

The Thunderbirds responded with a three from Kayla Schuette to make it a 6-5 game.

With the GFW guards sagging off to help with the forwards, it opened things up for MVL from outside.

Mashaye Wilson followed Schuette's three pointer with one of her own.

Two 3s from Andrea Biedenbender later made it 21-9 in favor of the Chargers.

"We had it as a goal tonight to know that we had to have an inside presence and go inside against them. I thought we would have an advantage there, and we did early on," coach Biedenbender said. "That really opened up the outside game, too, and we were able to hit some threes. That really allowed us to be more versatile on offense."

The Thunderbirds fought hard to stay in the game and another bucket by Melius cut the lead to 25-16.

That was the last time the Chargers had a single-digit lead, as they went up 34-20 at halftime.

MVL went back down low to start the second half. Lange had MVL's first six points of the half, all on scores near the hoop.

After that, the refs seemed to become the main focus of the game, calling numerous fouls. MVL reached bonus just over four minutes into the half.

The Chargers, who went 8-for-10 from the free throw line in the first half, were just 15-for-27 in the second half.

"I went into the season saying we were going to be a really good free throw shooting team," Biedenbender said. "And we work on them a lot in practice, but for some reason they're not falling right now. Hopefully when we need them, we will be able to fall back on them."

GFW also got its chances from the free throw line, scoring nine of its 17 second half points on free throws.

MVL showed its depth late in the second half, going on a 21-4 run to close the game without any of its starters in the game.

The Chargers had five different players score ten or more points, including Andrea Biedenbender and Ashley Dinse coming off the bench to score 11 and ten points, respectively. Danell led them with 14 points. Lange and Wilson each had 11 points.



Staff photo by Mary Roufs

Minnesota Valley Lutheran's Tarah Schoof is fouled as she goes up for a shot against Gibbon-Fairfax-Winthrop during the game on Tuesday night at MVL. For more photos of this event, go to <http://cu.nujournal.com>

Melius was the only Thunderbird to reach double digits with 12 points. Schuette scored eight points, and Cheyenne Briese added seven.

***BOX SCORE AND SCORE OF JV GAME
ARE NOT REPORTED IN THIS ARTICLE***

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Continue scroll for other season games

Nicollet tops MVL

POSTED: Dec. 31, 2009 New Ulm Journal

ST. CLAIR - Nicollet won the consolation championship of the St. Clair Holiday Tournament Wednesday with a 49-46 victory over Minnesota Valley Lutheran.

Nicollet was led by Kayla Wenner and Kasslin Swenson with 14 points each.

For MVL, Heather Danell had 12 points and nine rebounds. Tarah Schoof and Mashaye Wilson each had 11 points.

MVL girls win

ST. CLAIR - Minnesota Valley Lutheran defeated Montgomery-Lonsdale 49-24 in the second round of the St. Clair Holiday Tournament Tuesday. (***NUSC Editor's Note: This is the consolation round***)

Heather Danell had 10 points, Bailey Lange scored nine points with six rebounds and four steals. Mashaye Wilson added nine points.

MVL (9-3) plays Nicollet at 7:45 p.m. in the consolation championship..

Canby holds on to beat MVL

POSTED: December 29, 2009 NEW ULM JOURNAL

ST. CLAIR - Canby improved to 6-0 as it defeated Minnesota Valley Lutheran 49-43 at the St. Clair Holiday Tournament Monday.

Canby was led by Riley Nordgaard, who scored 24 points.

MVL was led by Mashaye Wilson, who scored 17 points. She hit five 3-pointers in the game. Heather Danell had eight points and Bailey Lange scored six points and grabbed seven rebounds.

MVL fades in loss to LeSueur/Henderson

REPORTED to NUSC for Dec. 18, 2009

LE SUEUR – Trailing by just two, Minnesota Valley Lutheran girls faded away in the second half and took a 52-38 loss in a non-conference game.

Mashaye Wilson with 9 and Heather Danell and Tarah Schoof with six each led the scoring.

Bailey Lange had 6 rebounds, and Miranda Maasz and Katie Barrer each had 4 steals.

Chargers cruise along

By Michael Gassett, Journal Sports Writer

POSTED: December 15, 2009

NEW ULM - One moment Wabasso had a two-point lead. The next Minnesota Valley Lutheran broke the game wide open.



Staff photo by Steve Muscatello
Minnesota Valley Lutheran's Bailey Lange (4) launches a 3-point shot as Wabasso's Alonna Baune (5) defends on the play during the first half Monday at MVL. For more photos of this event, go to <http://cu.nujournal.com>

The Chargers used a suffocating full-court press that turned Wabasso turnovers into quick MVL points as it won the Tomahawk Conference girls basketball game 77-50.

"It seemed like we kind of turned the corner today," MVL coach Dave Biedenbender said. "All of a sudden we had more energy and we started playing with a purpose. We got steals, turned them into layups, it was nice to see."

Wabasso took its only lead of the game on an Alonna Baune basket to make 14-13 with 9:30 to play in the first half.

Biedenbender called a timeout and refocused his team.

"I just told them that they weren't playing with intensity defensively," he said. "We switched a little more to man-to-man at that time and I think that made a huge difference.

All of a sudden we started playing with more purpose and more heart and more pride. That's really when the change in the game happened."

Out of the time out, the Chargers went on an 18-2 run, including three straight fast-break baskets to blow the game open.

"We we probably played them even for two-thirds of the game but the other one-third was the 27-point difference," Wabasso coach Neil Dolan said. "It was spurts that killed us. It's just protecting the basketball - which we didn't do very good - we are young and our kids gotta learn when there is pressure you have to handle the basketball."

Not only was MVL able to get transition points off of turnovers but it also did a nice job getting the ball inside to Heather Danell. Danell scored six points in the run as she finished with 16 points for the half.

Wabasso cut the deficit to 44-32 with 14:42 to play in the game. But MVL went on a 14-0 run and pushed the lead to more than 20 points for the rest of the game.

"These kids are inexperienced," Dolan said. "They are hard workers but not basketball savvy yet. They are unsure of themselves right now and when they don't make a decision quick, a good team like MVL will get to that spot and beat them."

Kimberly Frank led the Rabbits with 13 points and six rebounds and five steals. Baune scored 12 points. Morgan Samyn had six rebounds and seven assists. Paige Pistulka scored eight points and grabbed eight rebounds.

MVL (3-1, 3-0) was led by Danell with 18 points and 11 rebounds. Bailey Lange scored 12 points and Katie Barrer and Ashley Dinse each had 10. In all 11 different Chargers scored in the game.

"Any time you can get a big win, get everybody in and taste the scoring column it's great to see," said Biedenbender, whose team travels to LeSueur-Henderson Friday. "Everybody on our team is willing to play a team game but they all like to get some points too in the end."

Raiders top Chargers

POSTED: December 13, 2009 New Ulm Journal



NICOLLET - Kasslin Swenson scored 23 points as Nicollet beat Minnesota Valley Lutheran 57-44 in nonconference girls basketball action Saturday.

Taylor Meurer and Kayla Wenner scored 11. For MVL, Heather Danell scored 10 and Ashley Dinse added six points.

Nicollet led 30-15 at the half.

MVL girls roll to lopsided win

By Dave Clark, Journal Sports Writer

POSTED: December 12, 2009

NEW ULM - One team was trying to shake off the rust while the other wanted to shake out some respect.

The Minnesota Valley Lutheran Chargers girls basketball team, playing just their second game of the season eight days removed from their first game, defeated the Sleepy Eye Indians 66-35 Friday night.

But while the score was lopsided, the Indians were playing without leading scorer Sydney Remus due to illness, and played the Chargers tough into the second half.

"They're a good team and they played us well in the first half," Chargers coach Dave Biedenbender said. "So we kind of put ourselves in a kind of position. In the second half, we played better, passed better and took better advantage of our inside game."

Even without Remus, and despite 31 turnovers in the game, the Indians are an improved team that needs to up their shooting percentage, but went 12-for-16 at the free throw line. "They've grown a lot since the first of the year," Indians coach Jon Hamre said of his 1-5 team. "The first half, we were right in the mix. Then MVL went on a run in the last 50 seconds and that's what good teams do. But we played hard and four of our first six games were against AA teams."

Erica Jensen got the Indians off to a quick 3-0 lead with a downtown shot, but three turnovers were converted into three short inside hoops by MVL's Heather Danell that put the Chargers up 6-3.

Despite eight total turnovers in the first five minutes, midway through the first half, the Indians were down just 8-7.

Consecutive 3-pointers by Andrea Biedenbender and Bailey Lange opened the MVL lead to 14-7, with Sleepy Eye countering with a fast break hoop from Jensen and free throws by Claire Krumbach and Jessica Busch shaving the lead to 14-12.

Going 11-for-12 from the free throw line, the Indians were down 21-18 with less than an minute left in the half when Danell got an easy layup and Biedenbender connected with her second 3-pointer to give the Chargers a 26-18 lead at halftime.

A Sleepy Eye turnover on the opening second half possession led to a Mashaye Wilson 3 and an eventual 31-18 MVL margin. An Aileen Roman bank shot and a soft toss by Melissa Falk brought the Indians back to 31-22, but the Chargers scored the next 10 points, with five in a row coming from Miranda Maasz.

Down 45-26, Sleepy Eye didn't quit. The Indians took advantage of three Chargers turnovers in a row, as Jensen scored consecutive hoops and Krumbach nailed a turnaround jumper to cut the MVL lead to 13 at 45-32.

The Chargers righted the ship and scored the next seven, capped off with a 3 from Bailey Lange to give MVL a 52-32 lead.

The Chargers ended the game with a flourish, outscoring the Indians 14-3 in the final 4:15 to raise their record to 2-0.

Danell led all scorers with 18 points, while Lange had 11 and Maasz contributed 10. Jensen was the lone Indian in double digits with 11.

Chargers Stop Knights

By Michael Gasset, Journal Sports Writer

POSTED: December 4, 2009

SLEEPY EYE - Ten different girls scored for Minnesota Valley Lutheran as the Chargers opened the season with a 60-23 victory over Sleepy Eye St. Mary's in Tomahawk Conference play Thursday.



Staff photo by Mary Roufs
Minnesota Valley Lutheran's Bailey Lange pulls a rebound down and dribbles around Sleepy Eye St. Mary's Leah Lax during the game at St. Mary's Thursday night. For more photos of this event, go to <http://cu.nujournal.com>

St. Mary's hosts New Ulm Cathedral Tuesday.

"We are trying to get everybody in the mix because he have a lot of kids that haven't played at the varsity level before," coach Woitas said. "We are going to have to make some decisions here about what our rotation will be like and see what that can do for us."

The Chargers (1-0) were led by Wilson with 13 points on four 3s. Tarah Schoof had 11 points off the bench. Bailey Lange added nine points, five rebounds and three steals. Heather Danell added eight points and four blocks.

"Anytime you can come out with a big victory like that in your conference it's a good thing," Biedenbender said. "We certainly see many things we can work on too but we are happy coming out with the win."

Knights jolted by Chargers

By Shari Hittesdorf, Sports Writer

Sleepy Eye Herald-Dispatch

POSTED Wed Dec 09, 2009, Sleepy Eye Herald Dispatch

Sleepy Eye, Minn. - The MVL Chargers came out and took control of the Lady Knights right off the tip off Thursday night on St. Mary's home court.

The Knights shot just 18 percent as a squad on the night.

"We need to continue to work hard, and if we can do that we will get better as the season goes along," said coach Bruce Woitas. "We had times tonight that we let up, and we cannot do that."

Leah Lax and Allison Woitas each scored six points. Lax added four rebound and three steals.

Sam Seidl pulled down 11 rebounds.

Chargers ready for a big year

By Andy Danner — Journal Sports Writer

POSTED: November 21, 2009

MVL led from the start as Mashaye Wilson hit a 3-pointer to open the scoring. The Chargers jumped out to a 14-4 lead as St. Mary's missed on its first nine shots to start the game.

A Miranda Maasz basket made it 16-6 and MVL never let the lead get below double digits the rest of the game.

"It felt really good to come out early and knock some shots down especially from the outside," MVL coach Dave Biedenbender said. "To come out offensively like that was good beaause we were kind of wondering how things would go being our first game."

The Chargers took a 34-14 lead at the half.

"We are a little inexperienced and we have to be more consistent at getting the ball in the basket," St. Mary's coach Bruce Woitas said. "Until we do that we are going to struggle. For the most part I thought we played hard, we got some good looks but the ball just wouldn't go in."

MVL went on a 16-6 run to start the second half and held St. Mary's to just nine points the rest of the way.

St. Mary's (1-3) was led by Allison Woitas and Leah Lax with six points. Anna Surprenant added five points. Sam Seidl had 11 rebounds.



NEW ULM - Last season was not a typical season for the Minnesota Valley Lutheran girls' basketball team.

The Chargers finished the season tied for fourth in the Tomahawk Conference with a record of 18-9. Most would consider this a pretty successful year but not according to MVL's past precedence.

The 2008-2009 season was only the second time in the past nine years that the Chargers were not Tomahawk Conference champions.

Needless to say the Chargers will be hungry this season to return to the top of the conference.

"Our goal this season is to win the conference title back again," senior Andrea Biedenbender said.

Fellow senior Mashaye Wilson feels confident about MVL's chances to accomplish this task.

"I want to make it to state and win conference," Wilson stated. "I definitely think our team is capable of this."

MVL will be in a good position to do this as they return a lot of their players from last season's team that made it to the subsection finals. The Chargers graduated only two seniors from last year in Amanda Burke and Alyssa Siverly.

Burke was MVL's leading scorer at 13.1 points per game garnering all-conference accolades. She also averaged 10.5 rpg, 2.6 spg, and 2.2 apg. Siverly started every game for the Chargers as well and contributed 5.4 points and 4.3 rebounds per night.

"Our team this year is characterized by a lot of experience," head coach Dave Biedenbender said. "We have a lot of girls back from last year."

MVL brings back their entire starting backcourt from a year ago including seniors Wilson and Katie Barrer and junior Bailey Lange.

After averaging just under 11 points per contest last year, Wilson will be looked to lead the offensive attack this season for the Chargers. Wilson hit on 34 percent of her 3-point attempts last year.

"I need to improve on my 3-point shooting this season," Wilson said. "I want to be able to hit the big shot in clutch situations for my team."

Barrer will once again be running the show for the Chargers at the point guard position. Despite averaging only 4.8 points per game, she contributed 80 assists and a team high 121 steals last season.

"Katie is the glue that really holds our team together," Andrea Biedenbender said.

Lange (9.3 ppg, 4.6 rpg) served as a valuable deep threat for the Chargers last year knocking down 22 3-point baskets. She will be counted on to shoulder a lot of the scoring again this season.

Andrea Biedenbender's all-around versatility will be called on again to do the little things that people don't always notice to help MVL win.

Katie Klockmann and Mindy Sommer round out the Chargers' senior class on the team.

Including Lange, MVL has six juniors on this year's roster.

Post player Heather Danell and backup point guard Tarah Schoof will play key roles again this year after contributing off the bench last season.

The three remaining juniors Ashley Dinse, Miranda Maasz, and Megan Zibrowski all played on MVL's undefeated junior varsity team a year ago and will look to bring those winning ways to the varsity team this season.

"Our juniors have a lot of experience and talent to bring to the table," Wilson commented.

"Last year we were a really tall team that overpowered people inside," Andrea Biedenbender said. "But this year our 3-point shooting will probably have to carry us a little bit more."

Coach Biedenbender is confident his team can regain its championship form this year.

"Our girls all played in several tournaments over the summer where they achieved a lot of success," Dave Biedenbender said. "They even won the Bethany League tournament which has some pretty good teams in it."

Andrea Biedenbender and the Chargers have their eyes on their two games against rival New Ulm Cathedral this season.

"Last year we lost to Cathedral for the first time in 19 years or something and we want payback this year," Andrea Biedenbender said.

MVL will begin its quest for the conference championship when the Chargers open up their season on December 1 against Nicollet.

